

Lifestyle Garden Show 2018

EVENTS PROGRAMME

There is No Charge for these Events so Book Early to Avoid Disappointment

Date: Wednesday, 21 February

Time: 10h00 for 10h30

WATERWISE FOOD GARDENS FOR SELF-HEALTH

LINDA GALVAD

How do you grow food without water?

Let us show you how to deal with water constraints and water shortages using techniques to grow your own food and be healthy! Did you know that your gut produces more brain chemicals to keep you happy and well than your brain does? Eating organic vegetables helps the gut to do this! Come and learn all about eating your way to self-health. A term I've coined for this life giving process.



Date: Saturday, 24 February

Time: 10h00 for 10h30

TIPS & TRICKS FOR WINTER GARDENING & COOKING

JOHAN DU PREEZ

Come and join us for a fun filled, informative morning with gardening and cooking professional, Panda, from **Starke Ayres**. He will share all his "Tips and Tricks" for winter and whip up a delicious meal with his own brand of joie de vivre!



Date: Wednesday, 28 February

Time: 10h00 for 10h30

ORGANIC SECRETS FROM THE SOIL: GROW WELL - EAT WELL

JENNY SLABBER

Join Jenny from **Talborne Organics** in this very interesting talk on tips and techniques to ensure total success in your food and ornamental garden. Whether a new or experienced gardener explore the joys of gardening in fertile soils using organic gardening methods such as mulching, soil conditioning, balanced feeding, preventing pests and diseases and tips for watering that makes healthy gardening as easy as child's play! Advice on new growing systems like Aquaponics, Vertical and container gardening for the tech savvy included!



Date: Saturday, 3 March

Time: 10h00 for 10h30

GARDENING WITH WATER PLANTS

PETER VAN DER WALT

Gardening with water is a versatile and rewarding way of enhancing your lifestyle that can be accomplished on any scale or budget. Be inspired to create your own oasis, from a lily pond to gaze upon the beauty of a waterlily flower to a container garden on your patio. Whatever your lifestyle, come and learn how to plant and maintain your very own water garden.



Date: Wednesday, 14 March

Time: 10h00 for 10h30

ECO GARDENING WITH EFEKTO

SONJA CRONJE

Sonja will introduce you to **Efekto's** Eco range and all their products fit to put you on the road to eco gardening and in the loop with all the international eco gardening trends. Learn all about the **Efekto App** and **Green Fingers** magazine, offering tips and solutions to all your challenges.



Date: Saturday, 24 March

Time: 10h00 for 10h30

GARDENING FOR BIRDS & WILDLIFE

ROY TRENDLER

How do you change your garden to invite more of our feathered friends and small creatures into your space? This talk will make you more aware of the needs that birds and other wildlife require to feed in your garden and ensure that they stay and breed instead of just paying you a visit. This will include aspects of habitat design, feeding, nesting facilities, providing water and the responsible use of insecticides.



Date: Wednesday, 28 March

Time: 10h00 for 10h30

SOIL PREPARATION WITH ATLANTIC FERTILISERS

LAUREN BOTHA

Join Lauren for a very informative session on all the **Atlantic** products and how to fertilise your garden throughout the year. She will also explain the difference between using organic and chemical fertilisers and the impact it has on our soil and gardens.



Date: Saturday, 7 April

Time: 10h00 for 10h30

SPICE UP YOUR GARDEN WITH ROSES

LUDWIG TASCHNER

Come and listen to Ludwig Taschner reveal practical secrets on how to spice up your garden by integrating different rose types with their respective heights, growth habits and scents.



Date: Saturday, 21 April

Time: 10h00 for 10h30

SOIL, LIFE & COMPOSTING

GAVIN HERON

Without healthy, living soil we would not be able to grow food. Natural diversity would suffer and we'd end up living, if we can't move to Mars, in a lifeless world. Nurturing our soil with organic inputs is thus key to a healthy garden and a healthy life. Gavin, from **Earth Probiotic**, will chat about how to build and maintain a healthy soil environment by recycling food waste nutrients back to soil through various composting methods.



Date: Wednesday, 25 April

Time: 10h00 for 10h30

PLANTING FROM SEED – THE BASICS

PAUL VONK

Paul Vonk heads up **Mayford** seeds and he will present a highly entertaining and informative talk on the basics of sowing vegetables, herbs, flowers and lawn from seed and, especially, how to avoid all the common errors. Starting at the beginning with “Why are we here?”, he also highlight combination planting using seeds and spring flowering bulbs and, as always, he will include the carrot story before taking questions. Prizes and give aways guaranteed!



Date: Wednesday, 9 May

Time: 10h00 for 10h30

INDOOR COLOUR

LEONIE COULSON

Grab the perfect opportunity to discuss winter flowering indoor potted plants with Leonie from **Plantimex**. How do you get your Phalaenopsis orchids to flower again? How to take care of flowering and green indoor plants and, with Mother’s Day around the corner, what gifts to line up for a granny or a mother.



Date: Saturday, 5 May

Time: 10h00 for 10h30

GROWING A COLOURFUL

WINTER GARDEN

HANS JÜRGEN

Get your garden up to date and filled with colour this winter with Hans Jurgen from **Sittigs**. Don’t miss this very informative talk on colour combinations, temperature zones in the garden and selecting colourful annuals and perennials for the winter season. He will also reveal his best container gardening tips and how to feed your plants in winter.



Date: Saturday, 12 May

Time: 10h00 for 10h30

GARDEN LIKE A PRO

TANYA VISSER

Join Tanya Visser for a morning of gardening advice as well as hints and tips to inspire and get you gardening like a pro! From veggies, herbs and lawns to trouble shooting – come prepared with all your queries and problem areas.



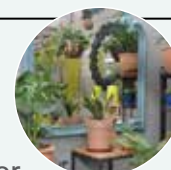
Date: Saturday, 26 May

Time: 10h00 for 10h30

INTERIORSCAPING

LOUISE COHEN

As South Africans we have summer for almost 9 months of the year, which makes outdoor living easy and a must. Make your outdoor living space a place that you want to spend time in by bringing elements of the garden in, have cosy sofa for lounging on on long summer days and add a splash of colour with some decor accessories or some of your much loved collected pieces. It should be a relaxing space what ever your taste.



BOOKING ESSENTIAL

Please contact Lifestyle Inside Information Desk

• Tel: 011 792 5616 or • email pam@lifestyle.co.za

Refreshments will be served after all events



Lifestyle Home Garden Cnr. Beyers Naudé Drive & Ysterhout Ave, Randpark Ridge, Randburg

• Tel: 011 792 5616 • GPS Co: 26° 5' 44" S 27° 56' 39" • www.lifestyle.co.za

